

BISHOP'S STORTFORD NETBALL CLUB (BSNC) – COVID-19 PERSONAL RISK ASSESSMENT



BSNC is committed to adhering to England Netball and UK Government guidance. As part of the “opt-in” policy to recommencing, individuals should be aware of the risk factors associated with playing netball and circumstances that may increase or affect their own personal risk associated with COVID-19.

This information sheet aims to inform you, your family and any other household contacts you might have of underlying medical conditions which could put you at higher risk of contracting COVID-19. We recommended you consider the risk to both yourself and others of returning to any netball activity and discuss this with your health provider and the club COVID- 19 Officers where necessary.

People at moderate risk (clinically vulnerable)

- are 70 or older
- have a lung condition that's not severe (such as asthma, COPD, emphysema or bronchitis)
- have heart disease (such as heart failure)
- have diabetes
- have chronic kidney disease
- have liver disease (such as hepatitis)
- have a condition affecting the brain or nerves (such as Parkinson's disease motor neurone disease, multiple sclerosis or cerebral palsy)
- have a condition that means they have a high risk of getting infections
- are taking medicine that can affect the immune system (such as low doses of steroids)
- are very obese (a BMI of 40 or above)

People at high risk (clinically extremely vulnerable)

- have had an organ transplant
- are having chemotherapy or antibody treatment for cancer, including immunotherapy
- are having an intense course of radiotherapy (radical radiotherapy) for lung cancer
- are having targeted cancer treatments that can affect the immune system (such as protein kinase inhibitors or PARP inhibitors)
- have a blood or bone marrow cancer (such as leukaemia, lymphoma or myeloma)
- have had a bone marrow or stem cell transplant in the past 6 months, or are still taking immunosuppressant medicine
- have been told by a doctor they have a severe lung condition (such as SCID or sickle cell)
- are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine)
- have a serious heart condition and are pregnant